

## Lap Band Overview

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The purpose of Lap Band surgery is to adjust the size of one's stomach so that they get an earlier sensation of fullness while eating, therefore creating weight loss. The goal of weight loss once one has had Lap Band surgery is generally one to three pounds a week.

Not only has the surgery brought a better appearance on the outside for many people, but it has also improved the health of many individuals.

Individuals battling their weight often find themselves in a fight with other health-related issues.

When people are overweight, they can also be candidates for sleep apnea, hypertension, high blood pressure, type 2 diabetes and other medical conditions that can have a very negative impact on their lives.